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Post-Operative instructions After getting a tooth extracted

For the first 1 hour

Please bite on the Gauze piece tightly. You can swallow your saliva. Don't spit.
In Case of prolonged Bleeding, put a tea bag in cold water, squeeze it and place it over the wound

After 1 hour

Remove the Gauze piece and drink something cold. Don't use straw. Don't smoke.
Take 1 dose of Pain killer. This will keep you out of pain after the effect of Local Anesthesia is over.

For the first 24 hours

Drink or eat soft cold liquids or semi solids.
Continue taking pain killers.

After 24 hours

Rinse mouth with warm saline (salt) water.
Don't touch sutures (stiches) with your tongue. If they bother place a small piece of Gauze on it.
Continue taking pain killers.
Repeated spitting and rinsing may dislodge the blood clot from extraction site and increases the chances of prolonged bleeding and delayed healing.
If you have any question or concern, please call us. Our team will be more than happy to help you.

Any concerns please call Dr. Mutti at office 604-513-1122 or 604-597-1197