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Post Op Instructions: The Importance of a Temporary Crown or Bridge

We will place a temporary crown or bridge to protect your teeth and gum tissues while a custom restoration is being created for you in a dental laboratory. In addition, this temporary will help prevent the adjacent teeth from shifting, ensuring that your final custom-crafted crown or bridge will fit. Temporary cement will be used to hold the restoration in place.

Although the temporary should be very comfortable, you may need to alter your eating and oral hygiene habits slightly to ensure the temporary stays in place between appointments.

- Avoid chewing gum and eating sticky or hard foods.
- If possible, chew only on the opposite side of your mouth.
- Brush and floss carefully each day, pulling the floss out from the side as you floss next to the temporary. Pulling out from the top can cause the temporary to come loose. If you have problems flossing, let us know. We have a product called Superfloss — thicker, sturdier floss that may give you better control.

It's vital to the proper fit of your final restoration that your temporary stays in place, if your temporary does come off, call us immediately so we can arrange to cement it back into place.

You should also call our office right away if:

- Your bite feels uneven
- You have persistent pain
- You have any questions or concerns